



Washington State Parks and Recreation Commission

Work Plan for Volunteers

We are currently seeking volunteer help at

State Park	Long Beach Peninsula
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To make arrangements to undertake or participate in any of the following projects or to get more information about this state park please use the following contact information.

Contact Person	Shelly Pollock, Vol. Coord. Bryan Alexander, Park Ranger	Best time to contact	8:00 AM - 4:30 PM
Address	PO Box 488, Ilwaco, WA		
Phone	Shelly: (360) 244-1599 or 360-665-5388 Bryan: (360) 642-3078		
e-mail	Shelly@ourbeach.org Cape.disappointment@parks.wa.gov		

#	PROJECT DESCRIPTION and BENEFITS	DATES TIMES	VOLUNTEERS WILL NEED TO PROVIDE	SPECIAL NEEDS and NOTES
1	<p>Join us for this annual Earth Day event to remove marine debris from Washington's Pacific Coast. Plastic water bottles, fishing nets, tires, and all kinds of other items that are harmful to the environment wash up on Washington's beaches all year and need to be removed before they cause irreparable damage to countless marine mammals, fish, plants, and birds.</p> <p>You can help with general beach cleanup or several other tasks that will make this year's event a success</p>	<p>Saturday, April 23rd 2011</p> <p><u>REGISTER</u> Check in will take place at 8 beach approach sites between 9:30 a.m. and noon.</p> <p>Please register for check-in sites listed on www.coastsavers.org</p>	<p>Basic Safety Guidelines:</p> <ul style="list-style-type: none"> ▶ Wear gloves, proper clothing, and water-resistant shoes. ▶ Do not touch medical waste, dead animals, hazardous materials or sharp objects. If you are uncertain about an item, do not touch it. ▶ Do not approach wildlife. ▶ Report hazardous items that cannot be removed to event staff. ▶ Work with a partner. ▶ Be careful of unstable banks, steep slopes, or slippery surfaces. ▶ Do not try to lift anything that is too heavy for you. Ask for help! ▶ Watch for poison oak, plants with thorns, or other natural hazards. ▶ Watch for any trucks or equipment that might be used in the project. 	<p>Check In Time and Location</p> <p>Please check in before beginning any cleanup activities. On-site registration, orientation and instructions will be provided upon arrival. All volunteers must register and sign a State Parks volunteer timesheet.</p> <p>For more information about volunteering at this location, please visit www.coastsavers.org</p>



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